

PLOWING FORWARD SUMMER 2020

Our Mission



The Lands at Hillside Farms is a historic, non-profit 501(c)(3), 412-acre educational dairy farm that teaches sensible and sustainable life choices which, if enough of us adopt, will allow those born in 200 years to inherit all the resources and opportunities we have now.

Upcoming Events



July 31 & August 1 Historic Camp Reenactment & Shoot at Spring Brook 11am-4pm

Come see how our ancestors lived in the 1700s. Meet and talk with living history re-enactors. Learn about the camp, clothing, and

tools. Please stop by! From 309, drive past the Dairy Store. Half a mile past Church Road, take a left onto Chase Road, take an immediate left into the Spring Brook dirt driveway. The camp is at the top of the hill. You may walk or drive up the dirt farm road.

August 1 Spring Brook Tour 10am-11am \$10

Spring Brook is a treasured and private section of Hillside Farms. This 2-hour tour will take you in and around areas that predate the Civil War. You'll see grazing cattle and pastured pigs, 200-year old structures, and remote areas not open to the public. It's a farm-based history lesson like no other! Sign up at <u>eventbrite.com</u>.

August 14 Family Movie Night in the Barn: Charlotte's Web 6pm

Join us in the Coach Barn and bring chairs.

Donations gratefully accepted.

August 29 Adult Farm Camp 7:30am-4:00pm \$50

This full-day camp is designed to be an in-depth, hands-on, physical experience for those who are interested in learning about sustainable farming, animal husbandry, sustainability, or just seeing what it's like to work on a farm. We'll have a lot of fun and maybe get a little dirty too! Sign up at eventbrite.com.

September 13 Marketplace 900 11am-4pm

We welcome back 900 Marketplace to Hillside Farms! Various vendors and artisans will be displaying their fine craftsmanship. If you are interested in being a vendor or have questions for the organizer, please contact <u>900marketplace.com</u>.

After much deliberation, we have decided not to hold Fall Fest this year. Thank you for understanding.

If you are planning to attend any of our events, please connect with us before coming to the farm to see if any modifications have been made. The Dairy Store phone number is 570-696-4500 ext. 1. If you have purchased a ticket to an event, please check your email for potential updates. If we need to make changes to our events for any reason, we will update you with as much notice as possible.

Safety Measures

This is an unprecedented and scary time for everyone. Hillside Farms is taking every precaution to ensure the safety of our customers, visitors, and staff. We care about you and your safety! At the time of this printing, pursuant to Governor Wolf's order, all people are required to wear masks anytime they leave home. Around the farm and in our stores, masks and and social distancing are required for service. We are hopeful this will keep everyone safe and healthy and prevent the spread of COVID-19. Thank you for understanding.

Keeping Milk Cold in Hot Weather



To ensure the best flavor for your milk and preserve its shelf life, we encourage you to keep it cold on your drive home.

Here are a few hints for keeping milk at its best during all seasons:

- put your milk in a cooler
- put ice packs around your milk
- purchase some ice from the Dairy Store
- purchase insulated bags from the Dairy Store
- keep your milk out of sunlight
- Keep your milk in the body of your fridge, rather than the door

Why We Use Glass Bottles



We are so proud to offer our farm fresh milk in glass bottles! Aside from the nostalgia, there are several reasons why buying milk in glass bottles is a sustainable choice.

Milk in glass bottles stays colder than other forms of packaging, so it can have a longer shelf life. When milk is stored in plastic, carcinogens can leach into the liquid and affect product quality and taste. So, milk in glass bottles tastes better.

Why do we have a \$2 deposit per bottle? Simply put, we want you to return your bottles! Glass bottles can be reused many times over. The photo above shows one of our oldest milk bottles. It is from 1978! It has been reused for 42 years so far and is still going strong.

Sure, you could recycle glass but that uses up precious resources. We believe reusing glass is a much better choice than recycling it. Plastic and other forms of milk packaging are often discarded into landfills. According to a study, 91% of plastic is not recycled. Reusing glass bottles is a very eco-friendly choice.

Here's a quick calculation to estimate how much waste can be eliminated by using glass bottles. Our executive director estimates that the average person buys milk once every 2 weeks or 26 times a year. Over one year of using glass bottles, 26 containers are saved from landfills! Wow! Our oldest glass bottle is 42 years old. We can estimate that this **single** bottle has kept over 1,000 single-use milk containers out of landfills. (26x42=1,092). When you choose to reuse glass bottles, you are making a profound difference in the health of our planet. That sounds like a winning strategy to us!

When you have finished your milk. Please rinse out the bottle and return it to the Dairy Store. Our friendly cashiers will refund you \$2 per bottle returned. All of these bottles are thoroughly cleaned in the production area of our Dairy Store. And finally, they are refilled by hand, not by robots. We hope you will continue purchasing our milk products and reusing glass bottles. Together we can make a powerful impact on our planet.

CLICK HERE for more information about #beatplasticpollution.

New Water Bottle Filling Stations



As noted in the previous article, single-use packaging is having very harmful effects on our environment. Hillside's mission is about practicing and teaching sustainability in order to preserve our resources.

You may have noticed that we stopped selling plastic water bottles several months ago to reduce plastic consumption. We are so excited to announce that we recently installed 2 new touch-less water bottle filling stations in our Dairy Store. It's an easy way to fill your reusable bottle with cold, pure and delicious water. Each fountain has a ticker which keeps tracks of how many bottles have been filled and thus saved from a landfill.

When you come to the farm, please bring along a reusable water bottle and fill it up at our new filling station! Together, we can reduce the amount of plastic consumption in our community.

Martha Stewart Living Magazine



Thanks to the efforts of our farm friend, Jaclyn DeNardi, Hillside Farms was recently featured in the July/August 2020 issue of Martha Stewart Living Magazine! We are so excited to have our special farm recognized in a premier magazine.

Hillside Farms was mentioned in a section titled "102 Places We Love" which highlighted remarkable and must-see spots across our country. We are thrilled to be included in this section along with other spectacular places. Grab a copy of the magazine today and check it out!

Jaclyn has a very artistic eye and works as a Prop and Set Styling Assistant in NYC for Martha Stewart Living. She has recently done some outstanding work for us too. She staged the Hillside Cottage for future tours and photographs. Jaclyn has given the farm a great gift of being recognized on a national level and we are glad to have her as part of our farm family.

Yellow Butter and Eggs



Summer is a delightful time of year around the farm. Our animals love being out in pasture so much. Have you noticed that in the summer time our butter and egg yolks become more yellow than usual?

Our cows are out on pasture in the summer between their milkings. They graze on fresh green grass almost all day long. The grass contains a variety of nutrients, but most notably the increase of beta-carotene in their diet makes our cows' butter turn more yellow than usual.

Our chickens move to summer pastures in warmer weather. They scratch and peck throughout the day and forage for bugs, tasty critters, and grasses. Roaming for their favorite foods adds a lot of nutritional value to their diet and you guessed it...it makes their egg

yolks a much richer color too.

Alpaca Vacation



During the coronavirus stay-at-home orders, we missed having visitors to our farm. We suspect our animals missed their regular visitors too! We wanted to share one positive impact that the shutdown had on our farm.

A lot of farm friends contacted us because they noticed as they drove by that our alpaca was not in her regular spot. Since we were not having visitors, we decided to temporarily move our alpaca and her friends from the main paddock by the stream.

They had a great mini-vacation at Spring Brook, the private section of our farm, just a short distance away. While they were enjoying the green grass at Spring Brook, the grass in their paddock regrew better than it had in several years. The alpaca and friends have since returned from vacation and now have wonderful green grass to enjoy all summer long.

The Lands at Hillside Farms depends on donations from generous supporters. We would be honored if you chose to invest in our non-profit educational dairy farm. With your support, together we can continue make a difference in this community through farm-based education.

Donations can be mailed to:

The Lands at Hillside Farms 65 Hillside Road Shavertown, PA 18708

If you prefer to donate online, the button below will take you to a secure checkout.

We are grateful for your support!

CLICK HERE to donate online

The Lands at Hillside Farms www.thelandsathillsidefarms.org 570-696-2881



